



ÖZEL BEYLİKDÜZÜ AMERİKAN KÜLTÜR KOLEJİ  
2020-2021 EĞİTİM ÖĞRETİM YILI  
MART AYI YEMEK MENÜSÜ



1 Mart 2021 Pazartesi		2 Mart 2021 Salı		3 Mart 2021 Çarşamba		4 Mart 2021 Perşembe		5 Mart 2021 Cuma	
KAHVALTI	BREAKFAST	KAHVALTI	BREAKFAST	KAHVALTI	BREAKFAST	KAHVALTI	BREAKFAST	KAHVALTI	BREAKFAST
HAŞLANMIŞ YUMURTA	BOILED EGGS	KARPER PEYNİR	TRIANGLE CHEESE	PATATESLİ OMLET	OMLET WITH POTATO	BAL	HONEY	KAŞAR PEYNİR	CHEDDAR CHEESE
BEYAZ PEYNİR	WHITE CHEESE	DOMATES	TOMATOES	KAŞAR PEYNİR	CHEDDAR CHEESE	TEREYAĞ	BUTTER	DOMATES	TOMATOES
DOMATES	TOMATOES	SİMİT	BAGEL	DOMATES	TOMATOES	BEYAZ PEYNİR	WHITE CHEESE	SALATALIK	CUCUMBER
FINDIK KREMASI	CREMATION FINDIC	BAL	HONEY	REÇEL	JAM	ZEYTİN	OLIVE	MANTARLI OMLET	MUSHROOMS OMLET
ZEYTİN	OLIVE	TEREYAĞ	BUTTER	TEREYAĞ	BUTTER	AĞMA	CUCUMBER	TAHİN PEKMEZ	TAHİN MOLLASSES
SÜT	MILK	SÜT	MILK	SÜT	MILK	SÜT	MILK	SÜT	MILK
ÖĞLE	LUNCH	ÖĞLE	LUNCH	ÖĞLE	LUNCH	ÖĞLE	LUNCH	ÖĞLE	LUNCH
SÜZME MERCİMEK ÇORBA	LETLİ SOUP	SAFAK ÇORBASI	SAFAK SOUP	TAVUK SUYU ÇORBA	CHICKEN SOUP	EZOĞLİN ÇORBA	EZOĞLİN SOUP	SERBE ÇORBA	VEGETABLE SOUP
TAZE FASÜLYE	GREEN BEANS	PİLİÇ SOTE	CHICKEN SAUTE	ETLİ NOHUT	CHICKPEAS WITH MEAT	İZMİR KÖFTE	İZMİR MEYDANCI	PİLİÇ DUT İZARA	CHICKEN BUTTER GRILL
ERİŞTE MAKARNA	PASTA	BULGUR PİLAVI	BULGUR RICE	PİRİNÇ PİLAVI	PRICE	PEYNİRLİ MAKARNA	PASTA WITH CHEESE	SERBEZLİ PİLAV	RICE WITH VEGETABLES
KALBURABASTI	KALBURABASTI	MEVSİM SALATA	SEASONAL SALAD	YOĞURT	YOGHURT	MEVSİM MEYVE	SEASONAL FRUIT	AYRAN	BUTTERMILK
İKİNCİ KAHVALTI	SNACK	İKİNCİ KAHVALTI	SNACK	İKİNCİ KAHVALTI	SNACK	İKİNCİ KAHVALTI	SNACK	İKİNCİ KAHVALTI	SNACK
MEYVE	SEASONAL FRUIT	BARDAK MISIR	BOILED CORN	ISLAK KEK	CAKE	MEYVELİ YOĞURT	SEASONAL FRUIT	KURABIYE	COOKIE
9 Mart 2021 Pazartesi		9 Mart 2021 Salı		10 Mart 2021 Çarşamba		11 Mart 2021 Perşembe		12 Mart 2021 Cuma	
KAHVALTI	BREAKFAST	KAHVALTI	BREAKFAST	KAHVALTI	BREAKFAST	KAHVALTI	BREAKFAST	KAHVALTI	BREAKFAST
KAŞAR PEYNİR	CHEDDAR CHEESE	KARPER PEYNİR	TRIANGLE CHEESE	BEYAZ PEYNİR	WHITE CHEESE	HAŞLANMIŞ YUMURTA	BOILED EGGS	KAŞAR PEYNİR	CHEDDAR CHEESE
DOMATES	TOMATOES	REÇEL	JAM	PATATES TAVA	FRIED POTATOES	KAŞAR PEYNİR	CHEDDAR CHEESE	BAL	HONEY
SALATALIK	CUCUMBER	BAL	HOENY	DOMATES	TOMATOES	FINDIK KREMASI	CREMATION FINDIC	TEREYAĞ	BUTTER
ZEYTİN	OLIVE	TEREYAĞ	BUTTER	ZEYTİN	OLIVE	DOMATES	TOMATOES	DOMATES	TOMATOES
SERBEZLİ OMLET	VEGETABLE OMELETTE	MELMEN	MELMEN	TAHİN HELVA	TAHİN HALVA	SALATALIK	CUCUMBER	BEYAZ PEYNİR	WHITE CHEESE
SÜT	MILK	SÜT	MILK	SÜT	MILK	SÜT	MILK	SÜT	MILK
ÖĞLE	LUNCH	ÖĞLE	LUNCH	ÖĞLE	LUNCH	ÖĞLE	LUNCH	ÖĞLE	LUNCH
EZOĞLİN ÇORBA	EZOĞLİN SOUP	SERBE ÇORBA	VEGETABLE SOUP	SÜZME MERCİMEK ÇORBA	LETLİ SOUP	YAYLA ÇORBA	YAYLA SOUP	MERCİMEK ÇORBA	LETLİ SOUP
ETLİ BEZELYE	MEAT PEAS	KADINBUDU KÖFTE	KADINBUDU MEAT BALL	GEMİCİ USULU KURU FASÜLYE	HARICOT BEAN	PİLİÇ KALAMAR	CHICKEN KALAMAR	MANTAR GRATEN	MUSHROOM GRATEN
MELEK PİLAVI	RICE	SOSLU MAKARNA	PASTA	PİRİNÇ PİLAVI	RICE	MAKARNA	PASTA	BULGUR PİLAVI	BULGUR RICE
YOĞURT	YOGHURT	MEVSİM SALATA	SEASONAL SALAD	CACIK	CACIK	SÜTLAC	RICE PUDDING	MEVSİM MEYVE	SEASONAL FRUIT
İKİNCİ KAHVALTI	SNACK	İKİNCİ KAHVALTI	SNACK	İKİNCİ KAHVALTI	SNACK	İKİNCİ KAHVALTI	SNACK	İKİNCİ KAHVALTI	SNACK
SİMİT	BAGEL	TRILEÇE	TRILEÇE	MEYVE	SEASONAL FRUIT	SOĞUK SANDVIÇ	COLD SANDWICH	MEYVELİ YOĞURT	SEASONAL FRUIT
15 Mart 2021 Pazartesi		16 Mart 2021 Salı		17 Mart 2021 Çarşamba		18 Mart 2021 Perşembe		19 Mart 2021 Cuma	
KAHVALTI	BREAKFAST	KAHVALTI	BREAKFAST	KAHVALTI	BREAKFAST	KAHVALTI	BREAKFAST	KAHVALTI	BREAKFAST
KARPER PEYNİR	TRIANGLE CHEESE	BEYAZ PEYNİR	WHITE CHEESE	KAŞAR PEYNİR	CHEDDAR CHEESE	KREM PEYNİR	MARBLE CHEESE	KAHVALTI	BREAKFAST
ZEYTİN	OLIVE	DOMATES	TOMATOES	HAŞLANMIŞ YUMURTA	BOILED EGGS	DOMATES	TOMATOES	BEYAZ PEYNİR	WHITE CHEESE
PATATESLİ OMLET	POTATOES WHIT OMLET	SALATALIK	CUCUMBER	ZEYTİN	OLIVE	SALATALIK	CUCUMBER	DOMATES	TOMATOES
BAL	HONEY	FINDIK KREMASI	CREMATION FINDIC	KREP	KREP	FINDIK KREMASI	CREMATION FINDIC	BAL	HONEY
TEREYAĞ	BUTTER	GÜL BÖREĞİ	PATTY	DOMATES	TOMATOES	PATATESLİ OMLET	OMLET WITH POTATO	TEREYAĞ	BUTTER
SÜT	MILK	SÜT	MILK	SÜT	MILK	SÜT	MILK	SÜT	MILK
ÖĞLE	LUNCH	ÖĞLE	LUNCH	ÖĞLE	LUNCH	ÖĞLE	LUNCH	ÖĞLE	LUNCH
KREMLİ DOMATES ÇORBA	CREAMY TOMATO SOUP	SÜZME MERCİMEK ÇORBA	LETLİ SOUP	KAFKAS ÇORBASI	KAFKAS SOUP	BROKOLİ ÇORBA	BROCOLI SOUP	EZOĞLİN ÇORBA	EZOĞLİN ÇORBA
PİLİÇ DÖNER	CHICKEN DONER	KIYMALI İSPANAK	SPINAL WITH MINCE	TERİNYELİ KÖFTE	SEASONED MEATBALLS	ETLİ NOHUT	CHICKPEAS WITH MEAT	KABAK SANDAL SEFASI	Pumpkin pie
NOHUTLU PİRİNÇ PİLAVI	RICE WITH CHICKPEAS	PEYNİRLİ KOL BÖREĞİ	CHEESY PASTRY	SOSLU MAKARNA	PASTA WITH SAUCE	ŞEHİR PİRİNÇ PİLAVI	RICE	PEYNİRLİ ERİŞTE	NUTS PASTA
AYRAN	BUTTERMILK	PORTAKALLI REVANI	ORANGE REVANI	MEVSİM MEYVE	SEASONAL FRUIT	CACIK	CACIK	YESİL SALATA	GREEN SALAD
İKİNCİ KAHVALTI	SNACK	İKİNCİ KAHVALTI	SNACK	İKİNCİ KAHVALTI	SNACK	İKİNCİ KAHVALTI	SNACK	İKİNCİ KAHVALTI	SNACK
MUFFİN KEK	MUFFIN CAKE	MEYVE	SEASONAL FRUIT	BARDAK MISIR	BOILED CORN	HÜNKAR TATLISI	HÜNKAR DESSERT	MEYVE	SEASONAL FRUIT
22 Mart 2021 Pazartesi		23 Mart 2021 Salı		24 Mart 2021 Çarşamba		25 Mart 2021 Perşembe		26 Mart 2021 Cuma	
KAHVALTI	BREAKFAST	KAHVALTI	BREAKFAST	KAHVALTI	BREAKFAST	KAHVALTI	BREAKFAST	KAHVALTI	BREAKFAST
HAŞLANMIŞ YUMURTA	BOILED EGGS	BEYAZ PEYNİR	WHITE CHEESE	ÜÇÖN PEYNİR	TRIANGLE CHEESE	KAŞAR PEYNİR	CHEDDAR CHEESE	BEYAZ PEYNİR	WHITE CHEESE
KAŞAR PEYNİR	CHEDDAR CHEESE	SERBEZLİ OMLET	OMLET WITH VEGETABLES	GÜL BÖREĞİ	PATTY	PATATES TAVA	FRIED POTATOES	DOMATES	TOMATOES
DOMATES	TOMATOES	ZEYTİN	OLIVE	BAL	HONEY	DOMATES	TOMATOES	SALATALIK	CUCUMBER
SALATALIK	CUCUMBER	DOMATES	TOMATOES	TEREYAĞ	BUTTER	SALATALIK	CUCUMBER	PATATES TAVA	FRIED POTATOES
FINDIK KREMASI	CREMATION FINDIC	HELVA	TAHİN HALVA	REÇEL	JAM	ZEYTİN	OLIVE	ZEYTİN	OLIVE
SÜT	MILK	SÜT	MILK	SÜT	MILK	SÜT	MILK	SÜT	MILK
ÖĞLE	LUNCH	ÖĞLE	LUNCH	ÖĞLE	LUNCH	ÖĞLE	LUNCH	ÖĞLE	LUNCH
ALACA ÇORBA	ALACA SOUP	SÜZME MERCİMEK ÇORBA	LETLİ SOUP	SERBEZ ÇORBA	VEGETABLE SOUP	İSPANAKLI MISIR ÇORBA	SPINACH CORN SOUP	TUTMAÇ ÇORBA	TUTMAÇ SOUP
PİLİÇ HAŞLAMA	CHICKEN STEAM	ETLİ DOLMA	MEATY FILLING	PÜRELİ HASAN PAŞA KÖFTE	MEATBALLS WITH POTATOES	GEMİCİ USULU KURU FASÜLYE	HARICOT BEAN	MEVSİM TÜRLÜ	SEASONAL KIND
BULGUR PİLAVI	BULGUR RICE	PEYNİRLİ MAKARNA	PASTA WITH CHEESE	SERBEZLİ ARPA ŞEHİRİYE PİLAVI	BARLEY WITH VEGETABLES CITY RICE	PİRİNÇ PİLAVI	RICE	MAKARNA	PASTA
ŞEKERPARE	ŞEKERPARE	YOĞURT	YOGHURT	MEVSİM MEYVE	SEASONAL FRUIT	YOĞURT	YOGHURT	SUPHANGLE	SUPHANGLE
İKİNCİ KAHVALTI	SNACK	İKİNCİ KAHVALTI	SNACK	İKİNCİ KAHVALTI	SNACK	İKİNCİ KAHVALTI	SNACK	İKİNCİ KAHVALTI	SNACK
MEYVE	SEASONAL FRUIT	KALEM BÖREK	PENCIL PASTRY	KURABIYE	COOKIE	SİMİT	BAGEL	MINİ PIZZA	MINİ PIZZA
30 Mart 2021 Salı		31 Mart 2021 Çarşamba							
KAHVALTI	BREAKFAST	KAHVALTI	BREAKFAST	KAHVALTI	BREAKFAST	KAHVALTI	BREAKFAST	KAHVALTI	BREAKFAST
HAŞLANMIŞ YUMURTA	BOILED EGGS	KARPER PEYNİR	TRIANGLE CHEESE						
BEYAZ PEYNİR	WHITE CHEESE	DOMATES	TOMATOES						
DOMATES	TOMATOES	SİMİT	BAGEL						
FINDIK KREMASI	CREMATION FINDIC	BAL	HONEY						
ZEYTİN	OLIVE	TEREYAĞ	BUTTER						
SÜT	MILK	SÜT	MILK						
ÖĞLE	LUNCH	ÖĞLE	LUNCH						
SÜZME MERCİMEK ÇORBA	LETLİ SOUP	TAVUK SUYU ÇORBA	CHICKEN SOUP						
PİLİÇ PIRZOLA	CHICKEN CHOP	ETLİ NOHUT	CHICKPEAS WITH MEAT						
PENNE MAKARNA	PASTA	PİRİNÇ PİLAVI	RICE						
MEVSİM SALATA	SEASONAL SALAD	KOMPOSTO	JUICE						
İKİNCİ KAHVALTI	SNACK	İKİNCİ KAHVALTI	SNACK						
BARDAK MISIR	BOILED CORN	SOĞUK SANDVIÇ	COLD SANDWICH						